

Getting started as a student or learner

'Inclusivity for student board members' training' of the Universiteit Utrecht

Learn to pay more attention to topics such as equality, diversity and inclusion in your board work. Other training courses for students are also organized, especially during the diversity months of March and October. For this, see the [agenda](#) on the student site.

[See the agenda](#) →

Training courses aimed at student wellbeing and development

Both the university and the faculty offer a wide range of training courses and workshops that focus on your personal development and wellbeing. Check out the [student site](#), choose your study program and navigate to 'student wellbeing' under the heading 'support and development' for more information and the possibilities.

[See the studentsite](#) →

Consent matters e-module

An online module about sexual consent. NB This module is not yet available for the Faculty of Medicine. This is being worked on. The module is expected to be available in September 2023. If you would like to know more about it, please contact studentbegeleiding@umcutrecht.nl

[Get in touch](#) →

Training Active Bystander of the Universtiteit Utrecht

If you have witnessed undesirable behavior, you can take action yourself. But how? Learn to recognize signs of undesirable behavior and what actions you can take yourself.

[See the training](#) →

Workshop How to manage your supervisor

Learn how to have a better understanding of your own communication style and that of your supervisor. By combining these insights with experiential learning you will be able to improve the communication with your supervisor. This is a workshop for PhDs of all graduate schools, regardless of your type of contract or the year of your PhD-project, Postdocs and temporary teachers from all faculties, regardless of your type of contract.

[Sign up for the workshop](#) →

Individual counseling and advice

Do you run into a problem during your studies or are you looking for personal advice? Studying is not something you have to do alone. There are several people who can give advice and guidance. Check out the [student site](#), choose your study program and navigate to 'Who can I turn to' under the heading 'support and development' for an overview of all counselors ready to help you.

[See the studentsite](#) →

Courses for postgraduate students, cross-discipline education

There are various cross-curricular programs and courses you can follow as a postgraduate student, including feedback training and supervised peer supervision. See website for more information.

[Read more](#) →

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